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| Step 3 Made a decision to turn our will and life over the care of God as we understood God. 3.H Changing How We Handle Insanity |
| One of the ways to gauge our working the steps is to ask how well we are living the prior step.In step 2, we look at our insanity and come to believe that a power greater than ourselves can restore us to sanity.In the following areas, how am I turning this part of my life over to a higher power? What actions is my higher power asking me to take in each of these areas? |
| **Area** | **How am I turning this part of my life over to my Higher Power?** | **What actions is my Higher Power asking me to take?**  |
| Fantasy |  |  |
| Lying |  |  |
| Relationship with others |  |  |
| Work habits, work environment and attitudes |  |  |
| Attitudes about money |  |  |
| Attitudes I have about myself |  |  |

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